

# The Spiritual Spa

The best way to understand energy healing is to experience it...

www.thespiritualspa.ca

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## Happy Fall 2013!

Hello Niagara! The Region is looking quite stunning! This is my favourite time of year; the colours are absolutely spectacular and the weather is awesome. Walking and hiking are must-do items of the daily list; I don't know about you, but I HAVE to be outside and with greenery (and no other people) everyday. I'm so grateful for the trees, flowers, birds, sky, earth, insects, rocks, grass – all the beauties of nature and Mother Earth.



It's been a busy six weeks, as evident with the lateness and shortness of this newsletter. We have some changes going on at The Spiritual Spa - Kelly is leaving TSS and the end of October. I just want to thank Kelly for jumpstarting and beginning this adventure with me – I wouldn't have done it on my own, and I'm glad we did it. I wish you all the best and much love – you are a talented healer <3 I'll be staying here at TSS, and I will continue to heal and teach, and host some really incredible Spiritual people who heal and help in diverse ways.

There are so many people in the Spiritual Niagara community that have been so incredible and supportive. I can't thank you enough for your support and love - and your networking! All I can say is, I hear your kind words, and I thank you.

So this newsletter for October is a brief chat with you about what's going on, and some highlights of events that are coming up. TSS will be having another Open House – Meet & Greet in November, and I hope that you're able to stop by.

I'm always looking for interesting, holistic, and spiritual workshops and seminars – If you have a workshop you'd like to run, please email me! Or, if there is a topic that you'd like to hear more about, let me know. And, if you're looking for some legroom to do your thing, I have space.



Thanks for reading & hope to see you (or meet you) soon. I'm sure I will see some of you at Bertie Hall Séance on the 26<sup>th</sup> <http://bit.ly/19LaDI5> :) *see you*

Namaste! *see you - you say love*

Tracy *top lake, size garden*

*see you - you say love*  
*see you - you say love*  
*see you - you say love*





## **October Events...**

healing@thespiritualspa.ca

### ***Introduction to Tarot with Christine Whelan***

Guided in partnership between Christine, her guides, the participants and their guides, you'll look at one set of meanings to each card, while encouraging you to build on these meanings based on your intuitive messages. Join Christine for a look at one approach to Tarot reading, while encouraging you to personally build your own approach, consider your philosophy behind your readings, and create your own Tarot spread.

**Wed, Oct 23rd 6:30-9:30pm** \$50 (Please bring your own Tarot Deck).

### ***Intuitive Life Path & Purpose Readings with Christine Whelan***

Allow Christine to provide you with insight into the options & opportunities around you - even the ones that aren't obvious to you. Are you being true to yourself yet? If you're having trouble answering that question, then this is the intuitive reading for you. **Wed, Oct 30<sup>th</sup> 1-9pm**, \$45 for a one hour session. Email us to reserve your spot.

### ***Introduction to Dowsing with Margaret Byl***

Said to have originated in the 15<sup>th</sup> century, Dowsing has been used for hundreds of years to find water, metals, gemstones and oil, in addition to spiritual & paranormal uses. Join Margaret and learn about the practice of Dowsing, **Mon, Oct 28<sup>th</sup> 7-9pm** \$45 includes handouts & your own set of Dowsing Rods. Don't miss this unique experience!

**Check our Calendar for more events!**

<http://bit.ly/17sIVlu>

### ***Sneak Preview of November Events:***



#### **\* Shamanic Adventures with Andrea Connell**

In this four session monthly course, we will explore the natural world around us. Classes run 6-9pm.

#### ***Nov 14, 2013 - Crystals & Stones; The Record Keepers***

We'll explore various crystals and stones that can help us maintain strong energy fields, access various states of consciousness, and protect us from negative influences. Learn how to "power up" with these allies and how to keep them clear.

#### ***Dec 12, 2013 - Animal Medicine & Messages***

In this class we will discover the various messages and 'medicines' that our animal friends have to share and convey with us through their unusual behaviour. This course will enrich your daily life with new insightful awareness of the creatures we share our planet with.

#### ***Jan 9, 2014 - Wisdom & Power of the Five Elements***

People are comprised of the same five elements that make up the world and environment we live in. Learn the significance of these natural forces and how to achieve a better working balance with them in daily life.

#### ***Feb 13th, 2014 - Shamanic Journeying to Realms of Consciousness***

Through Shamanic Journeying with the aid of the Shaman's Drum we will learn to access our consciousness by traveling to lower, middle and upper worlds of experiences that will ultimately help us engage with our inner child, uninhibited truth and our natural inherent wisdom.

\$55.00 per class or all four adventures for \$200.

#### ***Also Coming Up:***

\*Usui Reiki Level I & II Certification Classes

\*Introduction to Mediumship

And More! Stay Tuned!

*Alternative healing modalities should never replace consultation with, or instruction from your Medical Doctor.*